

You are invited to participate in a study about the effects of sibling relationships on well-being and depression in adult siblings of individuals with developmental disabilities



What do we want to learn?

We are interested in the effect that sibling relationships, family characteristics, and supports have on the well-being and mental health of adults who have a sibling with a developmental disability.

How long will it take?

- Approximately 45 - 60 minutes

Who is eligible to participate in this study?

You are eligible if you:

- Are aged 30 to 60 years old;
- Do not have a developmental disability; and,
- Have at least one living sibling with a developmental disability (e.g., intellectual disability, Down syndrome, Fragile X syndrome, autism spectrum disorder, Asperger's syndrome, fetal alcohol syndrome/spectrum disorder, etc.)

What will you be asked to do?

Answer questions about your:

- Relationships and use of supports;
- Well-being and depressive symptoms;
- Sibling with a developmental disability (e.g., diagnosis and level of ability)

How can you get more information?

- Go to the survey website at <https://www.surveymonkey.com/s/YNHWLRT>
- Email 5jgb@queensu.ca
- Or phone Julie at 613-533-3059

Thank you for your interest.

Sincerely,

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