# Kingston Internship Consortium



Support, Respect, Choices | Appui, Respect, Choix



**Pre-Doctoral Program in Professional Psychology** 

## Our Mission



The Kingston Internship Consortium's training focus is to develop psychologists whose broad knowledge, skills and values can be applied in clinical psychology as well as to ensure that they are competent to utilize the knowledge, skills and values working within a wide range of clinical areas and populations.

In addition to applied training in the core competencies of Psychological Services practice (Interpersonal Relationships, Assessment and Evaluation, Intervention and Consultation, Research, Ethics and Standards, Supervision) our approach emphasizes the scientist-practitioner model to all aspects of Psychological Services.

Training opportunities occur while working with multifaceted complex cases within the contexts of populations with acquired and developmental disabilities, using the resources across four agencies. The collaboration among the varied agencies (which are funded by different government ministries) provides exceptional opportunities for clinical and role diversity in settings that are hospital and community based, involve multiple inter-professional teams, various supervision roles, and a variety of practice models.

A unique aspect of our training program is this rich diversity with a core emphasis on training across the lifespan in the breadth and depth of psychological practice.

#### Goals of the Internship

By the end of internship our program aims for alumni to have internalized the training goals as part of their identity as a psychologist. The training goals of the internship are:

- Develop the core competencies as a clinical psychologist, and their relevance to the multiple roles of the psychologist;
- 2. Develop effectiveness working within inter-professional teams;
- Develop experience to applied (case based), relevant (program evaluation, funded) research agendas as per the scientist practitioner model;
- 4. Develop knowledge of relevant legislation, professional standards, and ethical issues and behaviours;
- 5. Develop understanding of work within different organizational cultures, different populations, across the lifespan.

### **Description of Rotations**



### Ongwanada

Ongwanada is a non-profit organization that offers services and community supports to approximately 600 people with developmental disabilities and their families in Kingston and Eastern Ontario.

#### Providence Care Hospital

One of Kingston's university hospitals, Providence Care Hospital is southeastern Ontario's centre for rehabilitation, specialized geriatric care, restorative rehabilitative care, complex medical management, specialized mental health care, and palliative care.

The Dual Diagnosis Consultation Outreach Team (DDCOT) is a specialized mental health team that provides assessment, consultation and short-term intervention to adults (age 16 and up) who have an intellectual disability or autism spectrum disorder and a suspected mental illness or behavioural disorder.



Community Brain Injury Services (CBIS) is a community-based agency that provides support to adults with acquired brain injuries (ABI) after their return to a community setting.

Seniors Mental Health provides outpatient and outreach services to older adults with age-related severe mental illness/cognitive impairment/behavioural disturbance, their families and caregivers.



#### Queen's University

The Developmental Disabilities Consulting Program (DDCP) is an interdisciplinary service-academic program in the Department of Psychiatry, Division of Developmental Disabilities at Queen's University. The program comprises of an inter-professional specialized team who work primarily with children and adults with a dual diagnosis (i.e., intellectual/ developmental disability and/or autism spectrum disorder with suspected mental health issues or challenging behaviour).

#### KidsInclusive

KidsInclusive is one of twenty children's treatment centres in Ontario. It is an outpatient rehabilitation centre based within Kingston Health Sciences Centre, Hotel Dieu Site that provides multi-disciplinary assessment and treatment for children and adolescents with physical or neurological disabilities, infants and preschoolers at risk of developmental delay, and children with feeding difficulties



